



Township of East Hanover

POLICE DEPARTMENT

TWO DE FOREST AVENUE, EAST HANOVER, NEW JERSEY 07936



Christopher J. Berres
Chief of Police

(973) 887-0432
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WAIVER/MEDICAL CERTIFICATION

To The Applicant:

The second phase of the selection process, the physical agility test, will consist of the following:

- | | | | |
|-----|----------|-----|----------------|
| (1) | pull-ups | (4) | 300 meter run |
| (2) | push-ups | (5) | 1 1/2 mile run |
| (3) | sit-ups | | |

I, _____, realize the physical demand of the
(Applicant)

above-described physical agility test and hereby release the Township of East Hanover, the Hanover Park Board of Education, their employees, representatives, and agents from any and all liability and responsibility for injury that may result during the testing. I have no known physical defects or injury, or know no reason why I should not participate in the physical agility test.

(Signature of Applicant)

(Date)

I, _____, certify that I have examined the
(Examining Physician)

above-named applicant and find no medical reason why he/she should not participate in the above-described physical agility test.

(Signature of Examining Physician)

(Date)

M.D. License No. _____